

TRINITY LABAN

Performing Arts Specialist Physiotherapist (Freelance)

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Performing Arts Specialist Physiotherapist

Contract: Freelance

Trinity Laban Health is seeking a skilled and experienced Physiotherapist to join our dedicated team of specialist practitioners at Trinity Laban Health.

In this role, you will provide expert injury management and rehabilitation support to our diverse student population, including dance, music, and musical theatre students, as well as a broad range of external clients. You will work under the guidance of the Health Clinic Manager, with administrative support for scheduling, bookings, and payments provided by our Research Assistant and Health Co-ordinator.

There will also be opportunities to contribute to student screening programmes and participate in in-house research projects within the Health team. In addition, occasional teaching opportunities may arise during the academic year, offering valuable experience in an educational setting.

As an equal opportunity employer, we positively encourage applications from suitably qualified and eligible candidates regardless of sex, race, disability, age, sexual orientation, gender reassignment, religion or belief, marital status, or pregnancy and maternity.

Please note all applications submitted will be shortlisted anonymously by our recruiting panel, so please ensure that your name and personal details are not included to your supporting statement, otherwise we will not be able to consider your application.

Closing Date: 23:59 hours BST, Monday 29th September 2025 (No Agencies)

Interview Date: Thursday 16th October 2025

For any queries about this position that are not covered in the job pack, please email Katerina Filsofopoulou, Talent Resourcing and Organisational Development Officer on: staffrecruitment@trinitylaban.ac.uk

All of our taught programmes are validated by Trinity Laban Conservatoire of Music and Dance. Research degrees are validated by City, University of London. Trinity Laban Conservatoire of Music and Dance is a company limited by guarantee registered in England and Wales Company No. 51090. Registered Charity No. 309998.

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Job Description

Post:	Performing Arts Specialist Physiotherapist
Department:	Trinity Laban Health
Reporting to:	Health Clinic Manager
Contract:	Freelance
Line management:	Health Clinic Manager

PURPOSE OF ROLE:

Trinity Laban Health are looking for an experienced Physiotherapist to join our team of Performing Arts specialist practitioners. The role will be providing injury and rehabilitation support to our dance, music and musical theatre students at Trinity Laban, in addition to a wide range of external clients. You will report to the Health Clinic Manager, and your diary, bookings and payments will be handled by our Research Assistant and Health Co-ordinator.

Main duties

- Providing physiotherapy assessments, diagnosis, treatments and formulating home exercise programmes to a wide range of students and clients
- To use evidence-based practise and specialist skills to assess, plan, implement and evaluate students and clients rehabilitation and return to training/play.
- Collaborate closely with the Health Clinic Manager and other core members of the rehabilitation team to ensure clarity and consistency in meeting each student's rehabilitation needs.
- Completing full and comprehensive patient notes in line with professional standards
- Writing reports and any necessary referrals for students who require modifications to training or assessment deferrals due to injury

The Postholder must:

- Act with professionalism and integrity at all times in the carrying out any duties for and on behalf of Trinity Laban Health;
- Adhere to the code of conduct outlined in the Licence to Occupy Agreement.
- At all times, be committed to Trinity Laban's Equality, Diversity and Access Policy;
- Adhere to all policies and procedures relating to Health and Safety in the workplace.
- Promote the profile and image of the Department and the Conservatoire wherever possible.

Offers of Employment

All provisional offers of employment are subject to proof of eligibility to work in the UK, verification of qualifications and satisfactory references.

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If you are unsure of your right to work in the UK, you can use the GOV.UK visa checking tool to establish your eligibility and options relating to visas.

Please be aware that all visa routes have their own eligibility criteria and not all roles/applicants would be eligible for sponsorship under the Skilled Worker route.

Referees

References will not normally be taken up unless a provisional offer of employment is made. All offers of employment are subject to the receipt satisfactory references covering current or most recent employment and the past three years of work.

Conservatoire Values:

All staff are expected to operate in line with Trinity Laban's Terms and Conditions for staff, which set out the principles of how we work together. More information about the Conservatoire's vision, mission and values is available at <https://www.trinitylaban.ac.uk/about-us/>.

All members of staff are required to be professional, co-operative and flexible in line with the needs of the Conservatoire.

Trinity Laban has a no smoking policy on its premises.

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Performing Arts Specialist Physiotherapist Person Specification

Criteria	Specification	E/D	Measured By
Education/ Qualifications	Hold an Undergraduate (BSc) or postgraduate (MSc) qualification in Physiotherapy	Essential	Application
	Registration with the Healthcare Professionals Council (HCPC)	Essential	Application
Experience	Membership of the Chartered Society of Physiotherapy (CSP)	Essential	Application
	Studio based teaching qualifications i.e. Mat or Equipment based Pilates, Yoga etc.	Desirable	Application
	An enhanced certificate with the Disclosure and Barring Service (DBS), or a willingness to obtain one	Desirable	Application
	At least 3 years of experience working with dancers, performing artists or other performance athletes.	Essential	Application /Interview
	Experience of working in private physiotherapy practice	Essential	Application /Interview
	Experience teaching Remedial/rehabilitation-based group classes	Desirable	Application /Interview
Knowledge or Understanding Skills, Abilities & Personal Qualities	An understanding of the needs of performing artists in professional training in higher education institutions	Essential	Application /Interview
	A knowledge and understanding of the common injury types and aetiologies in dance and other performing arts domains	Essential	Application /Interview
	To be competent in using a wide variety of physiotherapy assessment techniques and skills	Essential	Application /Interview
	Good interpersonal skills	Essential	Interview
Education/ Qualifications	An ability to build and maintain rapport with students and clients	Essential	Interview
	The ability to work as part of a multidisciplinary team	Desirable	Interview
	Hold an Undergraduate (BSc) or postgraduate (MSc) qualification in Physiotherapy	Essential	Application

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	Registration with the Healthcare Professionals Council (HCPC)	Essential	Application

Please note, that it will not be possible for the Conservatoire to issue a Certificate of Sponsorship for successful candidates as we are awaiting further information from UK Visas and Immigration. Applicants will therefore need to be eligible to work in the UK or have limited leave to remain in the UK and associated right to work for the duration of their employment with the Conservatoire, in accordance with the Immigration, Asylum and Nationality Act 2006.

Conditions of Service Summary & Staff Benefits

Contract:	Freelance, room rental contract. 30%(+VAT) of client fees will be payable to Trinity Laban on a monthly basis. All practitioners are issued with a License to Occupy Contract, which will be renewed in August each year.
Hours:	The therapist should be able to commit their services for 1-2 days per week, one of these days ideally being a Monday and Wednesday. Hours are negotiable but should have some consistency across a term.
Location:	You will be based at the Trinity Laban Health clinic, on-site at the Laban Building, Creekside in Deptford.
Staff Development:	A range of Staff Development opportunities are available.
Library:	The Laban Library & Archive and the Jerwood Library of the Performing Arts are available for use.
Car Parking:	A limited number of parking spaces are available at the Old Royal Naval College and the Laban Building, subject to availability.
Cafeteria:	Our Cafeterias/Licensed Bars at both sites serve a range of hot and cold drinks and snacks.
Events:	There is a wide range of music and dance performances each week, many of which are free to members of staff.

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Information on Trinity Laban

Trinity Laban Conservatoire of Music and Dance is the UK's only conservatoire of music and contemporary dance. The unequalled expertise and experience of its staff, and its world-class facilities housed in landmark buildings, put Trinity Laban at the forefront of vocational training in music, musical theatre, and dance.

Our history goes back to 1872 with the founding of Trinity College of Music in London. Trinity College of Music merged with Laban (founded in 1946) in 2005 to create Trinity Laban, now home to a creative and cosmopolitan community of students, teachers and researchers from around the globe.

We have a reputation for innovation and forward-thinking and are focused on training students for life-long careers in our art forms. Each year we welcome over 1,000 students from over 60 countries to follow undergraduate, postgraduate and research programmes. Thousands more people enjoy music, dance and health activities as part of our lively performance and outreach programmes.

Our unrivalled roster of teaching staff includes respected academics, performers, composers and choreographers. Many of them are active researchers who push at the boundaries of their art forms and extend our understanding of artistic and educational practice. We also welcome leading visiting artists, ensembles and companies from around the world, so our students benefit from working directly with today's top performers.

We work in a number of outstanding locations, including the 17th-century Old Royal Naval College at Greenwich (a World Heritage Site), the Stirling Prize-winning Laban Building in Deptford, and the magnificent Grade II listed Blackheath Halls. Our world-class facilities include state-of-the-art practice rooms and dance studios, flexible performance spaces and internationally famous libraries. Students also have access to the cultural wealth of London and regularly perform at its leading venues. To find out more, visit www.trinitylaban.ac.uk